It's about ability not disability!

#### MISSION STATEMENT

Crisis Support Services is an organization that provides crisis prevention and intervention counseling to individuals who have developmental disabilities.

Teams of counselors are available to take calls to diffuse a situation or go to a crisis site to intervene & prevent a crisis. The teams provide training and on site secondary support to all direct support personnel and act as the liaison for the Regional Center Service Coordinators.

Safety of all individuals is the primary concern; the Crisis Support Service Teams are always available and ready to respond.

## **Contact Information**

San Luis Obispo County

1-888-406-6464

Santa Barbara County

1-800-953-9593

Ventura County

1-888-566-1666



All calls are returned as quickly as possible. If you have not received a response within 5-10 minutes, call again to ensure your message was received by the CSS Team.

# Crisis Support Services

Serving Tri-Counties Regional Center





Let Us Help

## Introduction of Crisis Support Services

Crisis Support Services (CSS) is a mobile crisis team comprised of trained professional. We are contracted by Tri-Counties Regional Center to provide mobile crisis intervention services.

The CSS Team is available:

## Face to Face Intervention for Crisis Calls:

24 Hours/ 7 Days A Week

## Face to Face Prevention Appointments:

Monday through Friday
10am - 6pm

Services are provided by the CSS Team at no charge to the person's family, residential provider, and other direct support professionals.

### **Summary of Services**

- Crisis Prevention is an integral part of CSS
- Prevent and De-escalate Crisis
- Utilize Non-Aversive and Non-Confrontational Methods
- Assessment for Crisis Potential
- Assist with Transitions
- Remain available for Support and Assurance
- Stabilize & Maintain Placement
- Link to Generic Services
- Avoid Hospitalization and Police Involvement
- Assist with Hospitalization and Police Involvement when necessary
- Prioritize Crises based upon Severity and Available Resources
   (An Urgent call may result in termination of another call/appointment)

### **Contacting CSS Team**

If there is a possibility of any Immediate Danger, please call 911. Then call the CSS Team so we may provide support and assistance.

San Luis Obispo County

1-888-406-6464

Santa Barbara County

1-800-953-9593

Ventura County

1-888-566-1666

Tell the operator to "call" the Crisis Team. Give the operator Your Name and Phone Number and the Individual's name, along with a brief description of the presenting problem.