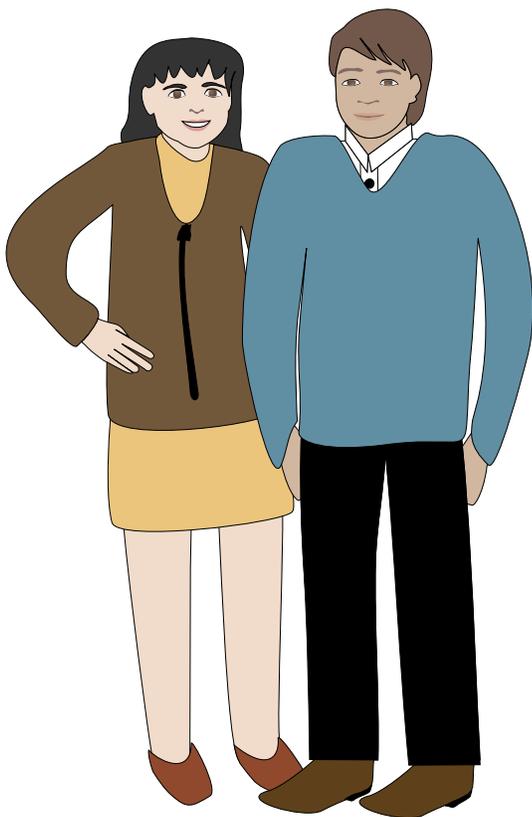


# FEELING SAFE, BEING SAFE

## Individual



**Feeling Safe, Being Safe** is a training that helps all people take charge of their own emergency preparation by providing tools and instruction that are used easily in their homes. Most people do not think about emergencies affecting their own lives so they are often unprepared to deal with a community emergency or natural disaster.

**Feeling Safe, Being Safe** was created so many more individuals will think about what makes them feel safe, create a plan, and put it into action to be better prepared. **Feeling Safe, Being Safe** was created so many more individuals will think about what makes them feel safe, create a plan, and put it into action to be better prepared.

### What you will learn in our two-hour webcast:

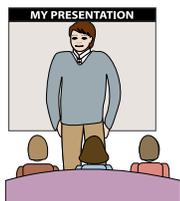


- ◆ How to complete your **Feeling Safe, Being Safe** emergency planning Worksheet and Magnet.
- ◆ How to put together a personal emergency kit.
- ◆ Connecting to community members and your neighbors.

### You can participate in the webcast training in two ways:



- ◆ Access it in your home using your computer with broadband internet. If you do not have broadband internet, contact a friend who could help you.



- ◆ Attend a group session hosted by an organization.

## NEXT STEPS



- ◆ Home Page: Watch the **Feeling Safe, Being Safe** video.
- ◆ Home Page: Click on Red Arrow (➡) for more information and how to sign up.